

Making It Happen Since 1946

White Pine Program

The White Pine Program was specifically designed to accommodate those Scouts who are attending their first summer camp. Scouts can work on the requirements for Tenderfoot, Second Class, and First Class during their week at camp. A committed Scout can complete the requirements for each of the ranks featured, in one week. The schedule also leaves time for Scouts to work on merit badges, visit other program areas, or just have fun. Have your first year campers take advantage of this great program at camp.

CAMP TAPICO 2007

Tall Pine Council
Boy Scouts of America
507 W. Atherton Road
Flint, MI 48507



2007 White Pine Program Tenderfoot Schedule

Monday

9:00 – 12:00

- Requirement 10a** Record results in the following physical fitness activities; push-ups, pull-ups, sit-ups, standing long jump, ¼ mile walk/run.
- Requirement 10b** Show improvement in the activities listed in requirement 10-A after practicing for 30 days

Tuesday

9:00 – 12:00

- Requirement 4a** Demonstrate how to whip and fuse the ends of a rope.
- Requirement 4b** Demonstrate that you know how to tie the following knots and tell what their uses are; two half hitches and the taunt line hitch.
- Requirement 5** Explain the rules of safe hiking, both on the highway and cross country, during the day and night. Explain what to do if you are lost.
- Requirement 6** Demonstrate how to display, raise, lower, and fold the American flag.
- Requirement 9** Explain why we use the buddy system in scouting.
- Requirement 11** Identify local poisonous plants and tell how to treat for exposure to them.
- Requirement 12a** Demonstrate the Heimlich maneuver and tell when it is used
- Requirement 12b** Show first aid for the following; simple cuts and scratches, blisters on the hand and foot, minor burns or scalds, bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite and sunburn.

2007 White Pine Program Second Class Schedule

Monday from 2:00 – 5:00pm or Wednesday from 9:00am – 12:00

- Requirement 2c** On a campout, demonstrate proper care, sharpening, and use the knife, saw, and ax, and describe when they should be used
- Requirement 2d** Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire
- Requirement 2e** Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.
- Requirement 2f** Demonstrate how to light a fire and a lightweight stove
- Requirement 6a** Show what to do for hurry cases of stopped breathing, serious bleeding, and internal poisoning
- Requirement 6b** Prepare a personal first aid kit to take with you on a hike
- Requirement 6c** Show what to do for object in the eye, bite of a suspected rabid animal, puncture wounds from a splinter, nail, and fishhook, serious burns, and heat exhaustion

Tuesday from 2:00 – 5:00pm or Wednesday from 9:00am – 12:00

- Requirement 1a** Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- Requirement 3** Participate in a flag ceremony for your school, religious institution, chartered organization, or troop activity
- Requirement 5** Identify or show evidence of at least 10 kinds of wild animals found in your community

Wednesday 7:00 - 9:00pm

- Requirement 1b** Using a compass and a map together, take a 5-mile hike.

Friday 9:00am – 12:00

- Requirement 7a** Tell what precautions must be taken for a safe swim
- Requirement 7b** Demonstrate your ability to jump feet first into water over your head, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- Requirement 7c** Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.

2007 White Pine Program First Class Schedule

Wednesday

2:00 – 5:00pm

- Requirement 1** Demonstrate how to find directions during the day and night without using a compass.
- Requirement 7a** Discuss when you should and should not use lashings
- Requirement 7b** Demonstrate tying the timber hitch and clove hitch and their use in square, and diagonal lashings by joining two or more poles or staves together
- Requirement 8a** Demonstrate tying the bowline knot and describe several ways it can be used.

Thursday

2:00 – 5:00pm

- Requirement 2** Using a compass, complete an orienteering course that covers at least 1 mile and requires measuring the height and width of a designated item.
- Requirement 6** Identify or show evidence of at least ten kinds of native plants found in your community.
- Requirement 7c** Use lashing to make a useful camp gadget
- Requirement 8b** Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.
- Requirement 8c** Show how to transport by yourself, and with one other person, a person from a smoke filled room with a sprained ankle, for at least 25 yards
- Requirement 8d** Tell the five most common signs of a heart attack. Explain the steps in CPR

Friday

9:00am – 12:00

- Requirement 9a** Tell what precautions must be taken for safe trip afloat
- Requirement 9b** Successfully complete the BSA Swimmer test
- Requirement 9c** Demonstrate survival skills by leaping into deep water wearing clothes, remove shoes and socks, inflate the shirt, and show you can float using the shirt for support. Remove pants and inflate them to swim 50 feet for support.